Mental Health

Patient consults with GP

Aboriginal Health Assessment **715**

$254.10 – GP claim assisted by PN, AHP/AHW
(once every 9 months)

Patient diagnosed with a **mental disorder**

Follow up on behalf of GP

Follow Up Care **10987**

$28.70 – GP claim with care provided by PN, AHP
(10 per calendar year)

Involves:

- Examination/inteventions as indicated in health check
- Medical education
- Checks on clinical progress
- Monitoring
- Counselling
- Medical history taking

Allied Health follow up identified

Follow up Allied Health services

81300–81360 **$74.55** – AHW/AHP & AH claim
(to a max of 10 per calendar year)

GP General Attendance Consultation (for Review of GPMHTP)

Preparation of a **GP Mental Health Treatment Plan**

2700 **$85.80** – GP claim
2701 **$126.35** – GP claim
2715 **$108.95** – GP (with MHST*) claim
2717 **$160.50** – GP (with MHST*) claim
(once every 12 months; not within 3 months of a review)

*mental health skills training

GP General Attendance Consultation

Involves:

- Taking relevant history
- Identifying presenting problem
- Treatment and advice
- Referral to other services
- Documenting outcomes

Referred psychiatrist assessment and management plan	**291**
Specialist psychiatrist and paediatrician consultation	**104–109**
Consultant physician psychiatrist consultation	**293–370**
Consultant physician paediatrician consultation	**110-133**

Referral to eligible allied mental health services

- A patient is referred by a GP for a course of treatment.
- A course consists of the number of services in the referral.
- Maximum of 6 services in any 1 referral.
- Services can be for individual or group (6–10 patients) services.
- A course can be a combination of all available allied health mental services.

Psychological Therapy Services

80000 individual **$119.45**
Clinical psychologist claim
(10 planned sessions + 6 per calendar year)

80020 group **$44.50**
Clinical psychologist claim
(10 planned sessions per calendar year)

Focused Psychological Strategies (FPS)

80100 individual **$84.65** – registered psychologist claim *(10 planned sessions + 6 per calendar year)*
80120 group **$30.45** – registered psychologist claim *(10 planned sessions per calendar year)*
80125 individual **$74.55** – occupational therapist claim *(10 planned sessions + 6 per calendar year)*
80145 group **$26.70** – occupational therapist claim *(10 planned sessions per calendar year)*
80150 individual **$74.55** – social worker claim *(10 planned sessions + 6 per calendar year)*
80170 group **$26.70** – social worker claim *(10 planned sessions per calendar year)*

Under a GPMHTP, patients are entitled to:

- 10 individual allied mental health services per calendar year to a maximum total of 16 individual services per patient in exceptional circumstances
- 10 group allied mental health services per calendar year

Mental health workers can include services provided by members of five different allied health professional groups. 'Mental health workers' are drawn from the following:

- psychologists
- mental health nurses
- occupational therapists
- social workers
- Aboriginal and Torres Strait Islander health practitioners, and
- Aboriginal health workers

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Please note: This is a guide only. Refer to the MBS for more detailed descriptions/requirements | July 2026

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