Wash your hands today...
Keep the germs away!

1 Wet hands with running water

2 Apply soap

SOAP

3 Rub hands together for at least 20 seconds

4 Wash all over, including in between fingers

5 Rinse hands and turn off the tap

6 Dry hands

Let's keep our community safe, strong and healthy.

AH&MRC
Aboriginal Health & Medical Research Council of NSW