

# Boost your protection with COVID-19 Vaccination



All adults **aged  $\geq 75$  years SHOULD receive a second 2023 booster dose** of the COVID-19 vaccine if 6 months have passed since their last dose.

All Adults **aged  $\geq 65$  years SHOULD receive at least one 2023 booster dose** of the COVID-19 vaccine if 6 months have passed since their last dose.

A COVID-19 Booster is most likely to benefit you if you have medical conditions such as diabetes, asthma, or heart disease OR if you have never had a COVID-19 infection.



## Who can have the additional booster?

- + All adults 18 years and over are eligible to have a booster vaccine.

## When can I have the additional booster?

- + Six months after your initial COVID-19 vaccine or booster dose

OR

- + Six months after a COVID-19 infection

## Why should I get it?

In 2023, people are still becoming severely unwell, experiencing long-term effects, and dying from COVID-19 infections.

A booster dose of COVID-19 vaccination will reduce your risk of developing severe illness, getting long COVID or dying from COVID-19.

## Can I have it with the flu vaccine?

The flu vaccine and COVID-19 vaccine can safely be given together.



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