Notes Cardiovascular **Diabetes** Kidney Disease Disease

Respiratory

Disease

Musculoskeletal

Conditions

Upcoming appointments



Disclaimer

The information in this pamphlet is of a general nature only and not intended as medical advice.





Resource three of the

Pharmacist

Living Longer Stronger Resource Kit

2nd edition

Who are they?

A Pharmacist is a health professional who prepares, dispenses and advises on prescription medications, provides general health advice and can manage common health conditions.

How can I access one?

You can visit a Pharmacist at your local pharmacy (or chemist) and discuss about your health concerns with a Pharmacist. You will often meet with a Pharmacist if you have been prescribed medication after a visit to your GP or specialist doctor.

What should I do when seeing a Pharmacist?

- + Pharmacists may be able to help manage some common health issues and do simple checks such as measuring your blood pressure or blood sugar levels, but may need to refer to your GP or specialist doctor for more complex health issues.
- + Be open and talk with them about any other medication that is being taken. This is important to identify any possible side-effects or drug interactions which could cause you harm.
- + Do not be afraid to ask any question about medications that you are taking or have been prescribed for you.













Pharmacist

Provide health information, dispense and advise on medications, and help manage common health problems.

Notes