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Cardiovascular Disease



Diabetes



Kidney Disease



Musculoskeletal Conditions



Respiratory Disease



Your Aboriginal Health Worker can provide you more information

Upcoming appointments

Who

Date / / Time : am/pm

Bring

Who

Date / / Time : am/pm

Bring

Who

Date / / Time : am/pm

Bring

Disclaimer

The information in this pamphlet is of a general nature only and not intended as medical advice.



Aboriginal Health & Medical Research Council of NSW



Aboriginal Health Practitioner

Resource three of the

Living Longer Stronger Resource Kit

2nd edition

Who are they?

An Aboriginal Health Practitioner is a health professional who provides a variety of clinical and non-clinical services. They have received more training than an Aboriginal Health Worker and can perform health assessments and monitoring, in addition to patient support and health promotion.

An Aboriginal Health Practitioner can also perform the following (but is not limited to):

- + Assessing social and emotional wellbeing
- + Interpreting clinical tests and medical jargon
- + Community engagement and outreach
- + Providing cultural support and safety
- + Health promotion and disease prevention (e.g. smoking, alcohol, drugs, nutrition, etc.)
- + Planning, delivering, and evaluating health programs



How can I access one?

You may find an Aboriginal Health Practitioner working in your local AMS or other community health service. Please ask if an Aboriginal Health Practitioner is available and indicate that you would like to be seen by one.



Aboriginal Health Practitioner

Provide a broad scope of culturally-safe clinical care services, including health assessments and health education.

What should I do before meeting with an Aboriginal Health Practitioner?

- + An Aboriginal Health Practitioner can do many things to help with your health, and you can ask many questions that they can try to answer.
- + Some Aboriginal Health Practitioners are able to perform some basic medical procedures.
- + Try and be open and honest with your Aboriginal Health Practitioner, as they will be with you throughout your health journey and help you achieve your health goals.

How much does it cost?

There are usually no costs to see an Aboriginal Health Practitioner. Some visits will attract a Medicare item number and can help cover some of the cost of their services.

What to expect during the appointment?

- + Listen carefully to your Aboriginal Health Practitioner, as they often will have lots of information to help you manage your condition. Feel free to ask lots of questions, so they can help to address your needs.
- + Your Aboriginal Health Practitioner may refer to your GP or other health professionals to help manage your condition. They can also help to link you to other people or groups for further support or may give you other details such as websites or helplines.