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Cardiovascular Disease



Diabetes



Kidney Disease



Musculoskeletal Conditions



Respiratory Disease

Upcoming appointments

Who

Date / / Time : am/pm

Bring

Who

Date / / Time : am/pm

Bring

Who

Date / / Time : am/pm

Bring

Disclaimer

The information in this pamphlet is of a general nature only and not intended as medical advice.



Aboriginal Health & Medical Research Council of NSW



Rheumatologist

Resource three of the

Living Longer Stronger Resource Kit

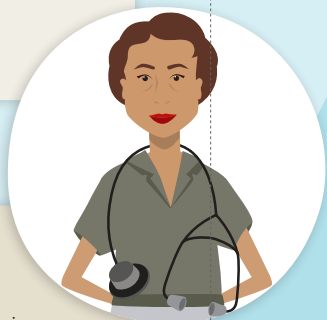
2nd edition

Who are they?

A Rheumatologist is a doctor who specialises in the prevention, diagnoses and treatment of conditions affecting the joints, bones, and muscles.

Rheumatologists can diagnose and treat various illnesses such as:

- + Osteoarthritis
- + Gout
- + Lupus (or SLE)
- + Rheumatoid arthritis



Rheumatologist

Specialist doctor who manages conditions affecting the joints, bones, and muscles.

How much does it cost?

Costs to see a Rheumatologist may be partially or fully covered by Medicare, however don't hesitate to contact the service provider for more information.

What to expect during the appointment?

- + Your Rheumatologist will try to go through your issues in detail, perform a physical examination, make a diagnosis, and advise on the best management and treatment.
- + You may be referred for further investigations to help diagnose your condition or prescribed medications.
- + You may require follow-up visits, and please take note of other referrals they may provide. For example, you may be advised to see a Physiotherapist, or Exercise Physiologist, but this will depend on your condition.



How can I access one?

To access a Rheumatologist, you must obtain a referral which is usually written by your GP.

What should I do before the appointment?

- + Check with your Aboriginal Health Worker or GP if there are any tests you may need to do beforehand.
- + Bring your referral letter and results of any tests or scans with you.
- + A helpful tip is to write down any questions you have regarding your condition or any other tests that may be performed and raise them during your consultation.