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Cardiovascular Disease



Diabetes



Kidney Disease



Musculoskeletal Conditions



Respiratory Disease



Your Aboriginal Health Worker can provide you more information

Upcoming appointments

Who

Date / / Time : am/pm

Bring

Who

Date / / Time : am/pm

Bring

Who

Date / / Time : am/pm

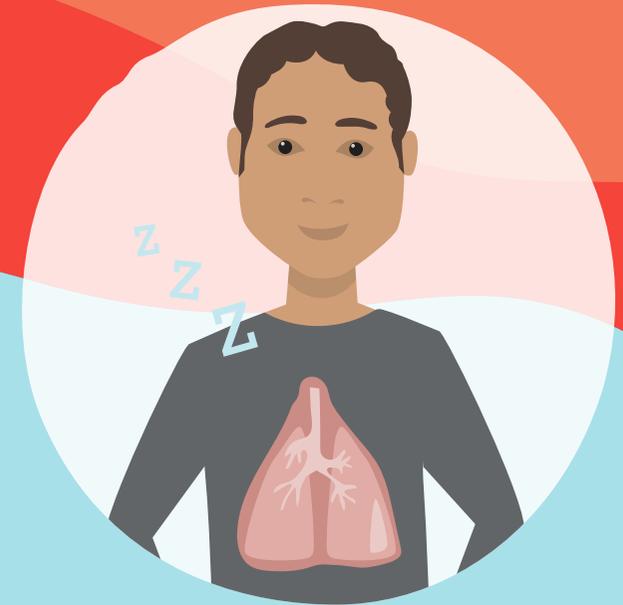
Bring

Disclaimer

The information in this pamphlet is of a general nature only and not intended as medical advice.



Aboriginal Health & Medical Research Council of NSW



Respiratory and Sleep Medicine Physician

Resource three of the

Living Longer Stronger Resource Kit

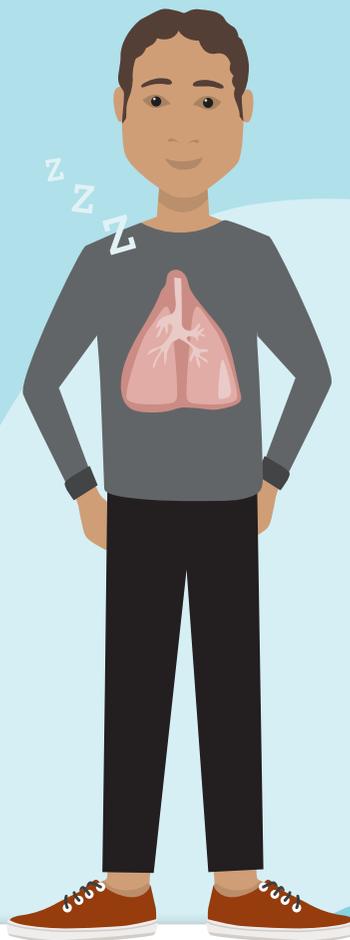
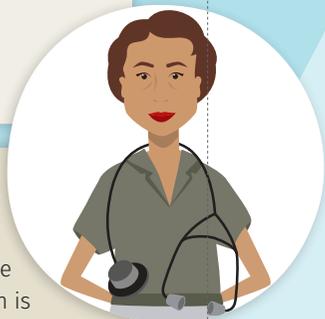
2nd edition

Who are they?

A Respiratory and Sleep Medicine Physician is a doctor who specialises in the prevention, diagnosis and treatment of conditions affecting the respiratory system (including the lungs) and sleep.

Respiratory and Sleep Medicine Physicians can diagnose and treat various illnesses including:

- + Asthma 
- + Chronic cough 
- + Chronic bronchitis
- + Chronic obstructive pulmonary disease
- + Pulmonary hypertension
- + Lung cancer
- + Sleep apnea



How much does it cost?

Costs to see a Respiratory and Sleep Medicine Physician may be partially or fully covered by Medicare, however don't hesitate to contact the service provider for more information.

What to expect during the appointment?

- + Your Respiratory and Sleep Medicine Physician will go through your issues in detail, perform a physical examination, make a diagnosis, and advise on the best management and treatment.
- + You may be referred for further investigations to help diagnose your condition or prescribed medications.
- + You may require follow-up visits, and please take note of other referrals they may provide. For example, you may be advised to see a Dietitian, Exercise Physiologist, or Physiotherapist.

How can I access one?

To access a Respiratory and Sleep Medicine Physician, you must obtain a referral which is usually written by your GP.

What should I do before the appointment?

- + Check with your Aboriginal Health Worker or GP if there are any tests you may need to do beforehand.
- + Bring your referral letter and results of any tests or scans with you.
- + A helpful tip is to write down any questions you have regarding your condition or any other tests that may be performed and raise them during your consultation.

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Respiratory and Sleep Medicine Physician

Specialist doctor who manages conditions affecting the lungs, airways and breathing – some also manage sleep disorders.

