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**Cardiovascular
Disease**



Diabetes



**Kidney
Disease**



**Musculoskeletal
Conditions**



**Respiratory
Disease**

Upcoming appointments

Who

Date / /

Time : am/pm

Bring

Who

Date / /

Time : am/pm

Bring

Who

Date / /

Time : am/pm

Bring

Disclaimer

The information in this pamphlet is of a general nature only and not intended as medical advice.



**Aboriginal
Health & Medical
Research Council
of NSW**



Pain Specialist

Resource three of the

Living Longer Stronger Resource Kit

2nd edition

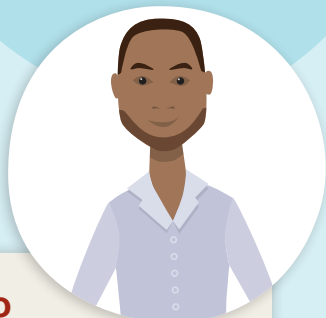
Who are they?

A Pain Specialist is a doctor who specialises in diagnosing and treating different types of pain which may include:

- + Complex regional pain syndrome
- + Neuropathic pain
- + Back/Spinal pain e.g. degenerative disk disease
- + Post-operative pain

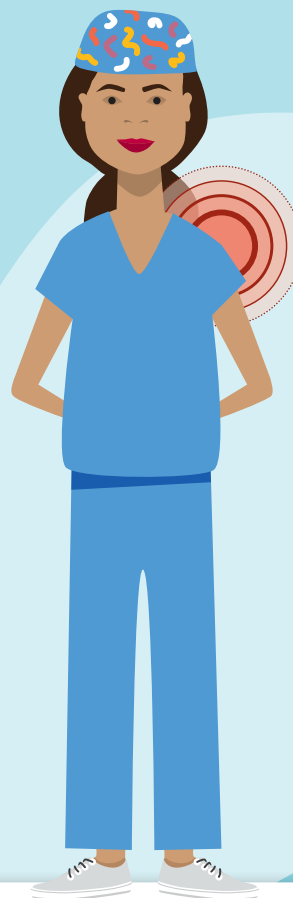
How can I access one?

To access a Pain Specialist, you must obtain a referral which is usually written by your GP.



What should I do before the appointment?

- + Check with your Aboriginal Health Worker or GP if there are any tests you may need to do beforehand.
- + Bring your referral letter and results of any tests or scans with you.
- + A helpful tip is to write down questions you have regarding your condition and raise them during your consultation.



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Pain Specialist

Specialist doctor in the management of pain disorders and complex pain issues.

How much does it cost?

Costs to see a Pain Specialist may be partially or fully covered by Medicare, however don't hesitate to contact the service provider for more information.

What to expect during the appointment?

- + Your Pain Specialist will go through your issues in detail, perform a physical examination, make a diagnosis, and offer advice on the best management and treatment. You may be referred for further investigations to help diagnose your condition or prescribed medications.
- + You may require follow-up visits to monitor your progress and response to any treatment.
- + You may be referred to other health professionals to help with your condition, including a Physiotherapist, but this will depend on your condition.

