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**Cardiovascular
Disease**



Diabetes



**Kidney
Disease**



**Musculoskeletal
Conditions**



**Respiratory
Disease**



Your Aboriginal Health Worker can provide you more information

Upcoming appointments

Who

Date / / Time : am/pm

Bring

Who

Date / / Time : am/pm

Bring

Who

Date / / Time : am/pm

Bring



**Aboriginal
Health & Medical
Research Council
of NSW**



Ophthalmologist

Resource three of the

Living Longer Stronger Resource Kit

2nd edition

Disclaimer

The information in this pamphlet is of a general nature only and not intended as medical advice.

Who are they?

An Ophthalmologist is a doctor who specialises in the diagnosis and management of eye conditions and visual system disorders which may include:

- + Glaucoma 
- + Partial or complete loss of vision
- + Pain or inflammation in the eye
- + Conditions affecting eye health such as diabetes and high blood pressure 



How can I access one?

To access an Ophthalmologist, you must obtain a referral which is usually written by your GP.



Ophthalmologist

Specialist doctor in the diagnosis and management of eye conditions, visual system disorders and trained to perform eye surgery.

What should I do before the appointment?

- + Check with your Aboriginal Health Worker or GP if there are any tests you may need to do beforehand.
- + Bring your referral letter and results of any tests or scans with you
- + A helpful tip is to write down any questions you have regarding your condition and raise them during your consultation.

How much does it cost?

Costs to see an Ophthalmologist may be partially or fully covered by Medicare, however don't hesitate to contact the service provider for more information.

What to expect during the appointment?

- + Your Ophthalmologist will go through your issues in detail, perform an eye examination, make a diagnosis, and offer advice on the best management and treatment. You may be referred for further investigations to help diagnose your condition or prescribed medications.
- + You may require follow-up visits to monitor your progress and response to any treatment.

