

## Notes

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**C**  
Cardiovascular  
Disease



**D**  
Diabetes



**K**  
Kidney  
Disease



**M**  
Musculoskeletal  
Conditions



**R**  
Respiratory  
Disease



Your Aboriginal Health Worker can provide you more information

## Upcoming appointments

Who

Date / / Time : am/pm

Bring

Who

Date / / Time : am/pm

Bring

Who

Date / / Time : am/pm

Bring

### Disclaimer

The information in this pamphlet is of a general nature only and not intended as medical advice.



Aboriginal  
Health & Medical  
Research Council  
of NSW



# Nephrologist

Resource three of the

**Living Longer Stronger Resource Kit**

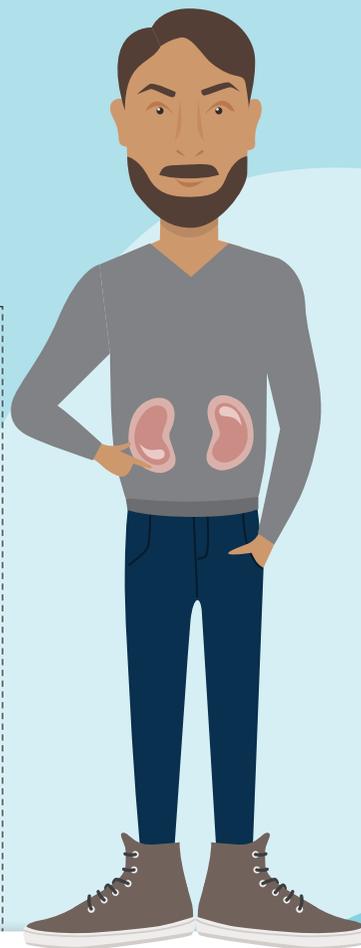
2nd edition

## Who are they?

**A Nephrologist is a doctor who specialises in the prevention, diagnosis and treatment of conditions affecting the kidneys and urinary tract.**

Nephrologists can diagnose and treat various illnesses including:

- + Kidney stones
- + Chronic kidney disease 
- + Kidney cancer
- + Glomerulonephritis
- + Kidney failure
- + Polycystic kidney disease



## How much does it cost?

Costs to see a Nephrologist may be partially or fully covered by Medicare, however don't hesitate to contact the service provider for more information.

## What to expect during the appointment?

- + Your Nephrologist will go through your issues in detail, perform a physical examination, make a diagnosis, and advise on the best management and treatment.
- + You may be referred for further investigations to help diagnose your condition or prescribed medications.
- + You may require follow-up visits, and please take note of other referrals they may provide. For example, you may be advised to see a Physiotherapist, Dietitian, or Exercise Physiologist, but this will depend on your condition.

## How can I access one?

To access a Nephrologist, you must obtain a referral which is usually written by your GP.

## What should I do before the appointment?

- + Check with your Aboriginal Health Worker or GP if there are any tests you may need to do beforehand.
- + Bring your referral letter and results of any tests or scans with you.
- + A helpful tip is to write down any questions you have regarding your condition or any other tests that may be performed and raise them during your consultation.



## Nephrologist

Specialist doctor who manages conditions affecting the kidneys and urinary tract.

