

## Notes

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**Cardiovascular  
Disease**



**Diabetes**



**Kidney  
Disease**



**Musculoskeletal  
Conditions**



**Respiratory  
Disease**



Your Aboriginal Health Worker can provide you more information

## Upcoming appointments

Who

Date / /

Time : am/pm

Bring

Who

Date / /

Time : am/pm

Bring

Who

Date / /

Time : am/pm

Bring

### Disclaimer

The information in this pamphlet is of a general nature only and not intended as medical advice.



**Aboriginal  
Health & Medical  
Research Council  
of NSW**



# Endocrinologist

Resource three of the

**Living Longer Stronger Resource Kit**

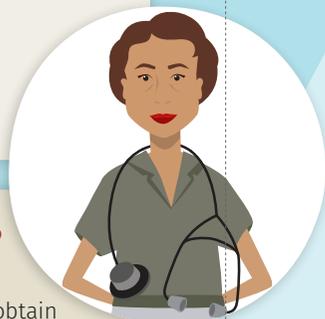
2nd edition

## Who are they?

**Endocrinologist is a doctor who specialises in the prevention, diagnosis and treatment of conditions affecting the endocrine system. The endocrine system is made up of many organs that produce and control the hormones in our body such as the thyroid and adrenal glands.**

Endocrinologists can diagnose and treat various illnesses including:

- + Diabetes 
- + Menopause
- + Metabolic disorders
- + Osteoporosis
- + Thyroid issues
- + Cancers of the endocrine glands



## Endocrinologist

Specialist doctor who manages diabetes and conditions related to hormones and organs that produce them e.g. thyroid, adrenal glands

## How much does it cost?

Costs to see an Endocrinologist may be partially or fully covered by Medicare, however don't hesitate to contact the service provider for more information.

## What to expect during the appointment?

- + Your Endocrinologist will go through your issues in detail, perform a physical examination, make a diagnosis and advise on the best management and treatment.
- + You may be referred for further investigations to help diagnose your condition or prescribed medications.
- + You may require follow-up visits, and please take note of other referrals they may provide. For example, you may be advised to see a Diabetic Educator, Dietitian, or Exercise Physiologist, but this will depend on your condition.

## How can I access one?

To access an Endocrinologist, you must obtain a referral which is usually written by your GP.

## What should I do before the appointment?

Check with your Aboriginal Health Worker or GP if there are any tests you may need to do beforehand.

- + Bring your referral letter and results of any tests or scans with you
- + A helpful tip is to write down any questions you have regarding your condition or any other tests that may be performed and raise them during your consultation.

