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Cardiovascular
Disease



Diabetes



Kidney
Disease



Musculoskeletal
Conditions



Respiratory
Disease

Upcoming appointments

Who

Date / / Time : am/pm

Bring

Who

Date / / Time : am/pm

Bring

Who

Date / / Time : am/pm

Bring

Disclaimer

The information in this pamphlet is of a general nature only and not intended as medical advice.



Aboriginal
Health & Medical
Research Council
of NSW



Ear Nose and Throat (ENT) Surgeon

Resource three of the

Living Longer Stronger Resource Kit

2nd edition

Who are they?

ENT Surgeons are specialists who diagnose, treat and manage conditions affecting the ear, nose and throat. There are many different reasons for seeing an ENT Surgeon including deafness, sinus problems, changes to voice or sense of smell, or swallowing difficulties.

How can I access one?

To access an ENT Surgeon, you must generally obtain a referral which is usually written by your GP.



What should I do before the appointment?

- + Check with your Aboriginal Health Worker or GP if there are any tests you may need to do beforehand.
- + Bring your referral letter and results of any tests or scans with you.
- + A helpful tip is to write down any questions you have regarding your condition or any other tests that may be performed and raise them during your consultation.



Ear Nose and Throat (ENT) Surgeon

Specialist doctor who manages conditions affecting the ear, nose and throat.

How much does it cost?

Costs to see an ENT Surgeon may be partially or fully covered by Medicare, however don't hesitate to contact the service provider for more information.

What to expect during the appointment?

- + Your ENT Surgeon will go through your issues in detail, perform a physical examination, make a diagnosis, and advise on the best management and treatment.
- + An endoscope (flexible tube with a camera) may be used to view the inside of your nose or mouth, and you may be given an anaesthetic spray beforehand.
- + You may be referred for further investigations to help diagnose your condition or prescribed medications.
- + You may require follow-up visits to monitor your progress or may be given a referral to another health professional such as an Audiologist, but this will depend on your condition.

