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**Cardiovascular
Disease**



Diabetes



**Kidney
Disease**



**Musculoskeletal
Conditions**



**Respiratory
Disease**



Your Aboriginal Health Worker can provide you more information

Upcoming appointments

Who

Date / / Time : am/pm

Bring

Who

Date / / Time : am/pm

Bring

Who

Date / / Time : am/pm

Bring

Disclaimer

The information in this pamphlet is of a general nature only and not intended as medical advice.



**Aboriginal
Health & Medical
Research Council
of NSW**



Cardiologist

Resource three of the

Living Longer Stronger Resource Kit

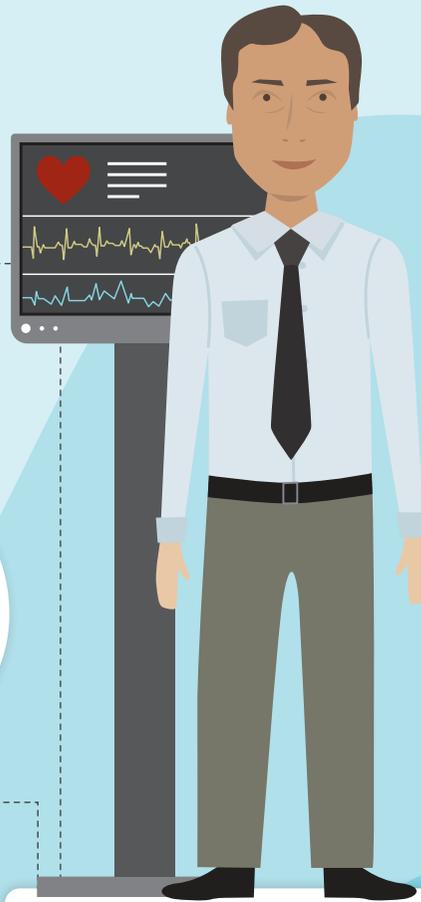
2nd edition

Who are they?

A Cardiologist is a doctor who specialises in the prevention, diagnosis and treatment of conditions affecting the heart and blood vessels.

Cardiologists can diagnose and treat various illnesses including:

- + Heart attacks (or chest pains)
- + High blood pressure (or hypertension)
- + High cholesterol 
- + Heart rhythm disturbances
- + Stroke
- + Heart failure



How can I access one?

To access a Cardiologist, you must obtain a referral which is usually written by your GP.

What should I do before the appointment?

- + Check with your Aboriginal Health Worker or GP if there are any tests you may need to do beforehand.
- + Bring your referral letter and results of any tests or scans with you.
- + A helpful tip is to write down any questions you have regarding your condition or any other tests that may be performed and raise them during your consultation.



Cardiologist

Specialist doctor who manages conditions affecting the heart and circulatory system.

How much does it cost?

Costs to see a Cardiologist may be partially or fully covered by Medicare, however don't hesitate to contact the service provider for more information.

What to expect during the appointment?

- + Your Cardiologist will go through your issues in detail, perform a physical examination, make a diagnosis, and advise on the best management and treatment.
- + You may be referred for further investigations to help diagnose your condition or prescribed medications.
- + You may require follow-up visits, and please take note of other referrals they may provide. For example, you may be advised to see a Physiotherapist, Speech Pathologist, Dietitian, or Exercise Physiologist, but this will depend on your condition.

