

## Notes

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**Cardiovascular  
Disease**



**Diabetes**



**Kidney  
Disease**



**Musculoskeletal  
Conditions**



**Respiratory  
Disease**



Your Aboriginal Health Worker can provide you more information

## Upcoming appointments

Who

Date / / Time : am/pm

Bring

Who

Date / / Time : am/pm

Bring

Who

Date / / Time : am/pm

Bring

### Disclaimer

The information in this pamphlet is of a general nature only and not intended as medical advice.



**Aboriginal  
Health & Medical  
Research Council  
of NSW**



# Audiologist

Resource three of the

**Living Longer Stronger Resource Kit**

2nd edition

## Who are they?

**An Audiologist is a health professional that specialises in hearing and balance disorders.**

Audiologists often perform hearing tests and help people with hearing aids, but they can also assist with other ear-related issues including:

- + Ear wax management 
- + Tinnitus (ringing in the ear)
- + Hearing rehabilitation programs



## Audiologist

Assists with the diagnosis and management of hearing and balance disorders.

## How much does it cost?

- + Costs to see an Audiologist may be partially or fully covered by Medicare, however don't hesitate to contact your service provider for more information.
- + If you require hearing-aids, you may need to check how much they will cost, and whether they are covered by your health insurance provider.

## How can I access one?

- + Audiologists work in a range of settings including in private practices, hospitals and schools.
- + You can usually make an appointment directly with an Audiologist, but some people may need a referral written by a GP.

## What should I do before the appointment?

- + A helpful tip is to write down questions you may have regarding your condition or any tests that may be performed.
- + You may need to have your ears clear of wax before undergoing a hearing test, which may need to be done by your Audiologist or GP.
- + If you require hearing-aids, you might wish to do a bit of reading or research before your appointment, so you can discuss your options with your Audiologist.

## What to expect during the appointment?

- + Your Audiologist will go through your issues in detail, perform an examination, make a diagnosis, and offer advice on the best management and treatment.
- + You may require follow-up visits, to monitor your progress and whether anything further can be done to help you manage your condition.
- + You may be referred to other health professionals including an Ear Nose and Throat specialist.

