

Growing Stronger Living Longer:

AH&MRC Chronic Disease Conference

Tuesday 6 and Wednesday 7 May 2014 | Sydney



Acknowledgements

Aboriginal Health & Medical Research Council of New South Wales (AH&MRC) is grateful to the following for their support and contributions to make this conference possible:

NSW Ministry of Health

AH&MRC Chronic Disease Conference Advisory Group

About the AH&MRC

The Aboriginal Health & Medical Research Council of New South Wales (AH&MRC) is the peak representative body and voice of Aboriginal communities on health in NSW. We represent our members, the Aboriginal Community Controlled Health Services (ACCHS) that deliver culturally appropriate comprehensive primary health care to their communities.

Aboriginal Community Control has its origins in Aboriginal people's right to self-determination. This is the right to be involved in health service delivery and decision-making according to protocols or procedures determined by Aboriginal communities based on the Aboriginal definition of health:

"Aboriginal health means not just the physical well-being of an individual but...the social, emotional and cultural wellbeing of the whole Community in which each individual is able to achieve their full potential as a human being thereby bringing about the total well-being of their Community. It is a whole of life view and includes the cyclical concept of life-death-life."(National Aboriginal Health Strategy, 1989)

The AH&MRC is governed by a Board of Directors who are Aboriginal people elected by our members on a regional basis. We represent, support and advocate for our members and their communities on Aboriginal health at state and national levels. For further information please visit www.ahmrc.org.au



Jasmine Sarin's Artwork 2010

As our culture grows older it is important to maintain, not just our stories and ties, but also our health. The artwork depicts the ways in which we work together and grow together. This is shown through the symbols of places and campsites. It is important to take time for ourselves to heal and to heal others. Places of healing are shown by the central dot clusters surrounded by the connecting networks. By keeping ourselves healthy we are keeping our community and our culture healthy too which ensures a stronger future for all.

Growing Stronger Living Longer

The Growing Stronger Living Longer conference is focused on building skills and knowledge for Aboriginal communities to address chronic disease, particularly through Aboriginal Community Controlled Health Services (ACCHSs).

The objectives of the conference include:

- To showcase current Aboriginal Community Controlled Health Services programs
- To provide opportunities to establish new relationships and strengthen existing relationships between Aboriginal Community Controlled Health Services staff and stakeholders
- To raise awareness of good practice for chronic disease prevention and management programs.

Aboriginal Health and Medical Research Council (AH&MRC) Chronic Disease Program

Aims to build capacity of NSW ACCHSs in the prevention and management of chronic disease, and to build and foster productive partnerships with stakeholders involved in Aboriginal chronic disease in NSW.

AH&MRC Chronic Disease Program activities include:

- The Chronic Disease Email Network (CDEN) weekly e-newsletter
- Regional workshops and Bi annual conference
- “Yarning about...” teleconferences for staff to access health professionals with relevant specialist knowledge
- Development of resources relevant to ACCHS chronic disease work
- Sponsored Site Exchange Program for ACCHS staff
- Direct support for ACCHSs via phone, email and site visits.

Conference Stall Holders

Agency for Clinical Innovation

Carers NSW

Get Healthy Information and Coaching Service

Indigenous Allied Health Australia

Kidney Health Australia

Lung Foundation Australia

NSW Rural Doctors Network

PEPA (Program of Experience in the Palliative Care Approach) – Wednesday only

QAAMS (Quality Assurance for Aboriginal and Torres Strait Islander Medical Services) – Tuesday only

AH&MRC Chronic Disease Conference Advisory Group

Jill Anderson (Walhallow Aboriginal Corporation)

Born in Quirindi, New South Wales on Kamilaroi Country. Jill is the fifth girl in a family of eight. She was a nurse at Quirindi for 26 years before joining Walhallow as a Aboriginal Health Worker. Her current role covers three communities, and she has an interest in Otitis Media. Jill has one son, two beautiful granddaughters, and a grandson. Her hobbies include gardening and reading.

Laurie Clay (Durri Aboriginal Corporation Medical Service)

Laurie was born in Wellington NSW and grew up in Tamworth (Kamilaroi). He is married with four children, trained in Enrolled Nursing as well as a Aboriginal and Torres Strait Islander Health Practitioner. Laurie has worked at Durri for 21 years, and currently working in the Mid North Coast Regional Aboriginal Program, which provides nine outreach clinics as well as home stabilization support, facilitates specialist clinics and weekly rehabilitation medicine in respiratory, endocrine, cardiac, and nephrology care. The program also provides home visits, recalls, hospital visits, patient 48 hour follow up, facilitation of health promotion activities such as Asthma Friendly schools and a school based Type 2 diabetes program. Laurie enjoys the challenging of working in his community.



Photo: Conference Advisory and Working Group members (Absent: Laurie Clay).

Roslyn Hart (Galambila Aboriginal Health Service Incorporated)

Roslyn Hart is a Gumbaynggirr woman from the Mid North Coast region of NSW. She has a diverse professional background ranging from child care to health. Roslyn is currently the Chronic Disease Care Coordinator with the Galambila Aboriginal Health Service on the beautiful North Coast of Coffs Harbour where she has worked for the past 10 years. In her role she deals with a diverse group of clientele and specialist services coordinating chronic disease clients to various appointments up and down the north coast.

She has presented at many local and state conferences, and she also sits on a number of committees. Other interests of Roslyn's include football, running, women's fitness, walking and more recently Roslyn has completed the half triathlon 21 kilometres in Alice Springs and the city to surf run.

David Kennedy (Walgett Aboriginal Medical Service Co-operative Limited and Awabakal Aboriginal Co-operative)

David is a Gamillaroi man who hails from Walgett NSW. He is a father of five children and enjoys being with his children and playing sport. He joined Walgett Aboriginal Medical Service in 2005 as an Aboriginal Health Worker and spent a year as a Dental Assistant before becoming an Ear Health Aboriginal Health Worker. He then moved into the general clinic where he excelled in clinical procedures such as venepuncture, dressings, blood pressures, HBA 1C, Urinalysis, and the care of Walgett Aboriginal community suffering with chronic disease such as Diabetes, Heart disease etc.

During his time with the clinic team at Walgett he completed a Pharmacy Guild Australia Dispensary course. He was also involved with health promotions such as Pitt Stop Men's Health, Stop Violence against Children, Kidney Week, and Moevember. He has also obtained his Certificate IV in Aboriginal Health (clinical stream) which he is very proud of.

David is currently on a secondment at Awabakal Aboriginal Co-operative.

Candy Kilby (Griffith Aboriginal Medical Service)

Candy Kilby is a proud Wiradjuri woman married with five children and one grandchild. Candy grew up in Tumut in southern NSW and now calls Griffith home. She has been employed at the Griffith Aboriginal Medical Service for the past eight years as an Aboriginal Health Worker and Chronic Care Coordinator. Candy gained her Certificate IV in Primary Health in 2009 and completed the Graduate Diploma in Indigenous Health Promotion at Sydney University in 2012. Candy strives to improve the health status of Aboriginal and Torres Strait Islander people in her community. Candy hopes you all enjoy the Chronic Disease Conference.

Dorcas Musyimi (Condobolin Aboriginal Health Service)

Dorcas was born in Kenya and is married with two children. She completed a three year course and qualified as an Enrolled Community Health Nurse and Midwife in 1990. She then worked with the Ministry of Health in Kenya for eight years in many areas of health. In 2001, Dorcas immigrated to New Zealand and enrolled for an Registered Nurse course which she completed in 2003. She worked with District Health Boards in New Zealand until 2010 and then moved to Condobolin where she was offered employment at Condobolin Aboriginal Health Service as the Chronic Disease Care Nurse. This is her third year working for Condobolin Aboriginal Health Service and enjoys her work and feels fulfilled in her position. She has enjoyed the opportunities to grow in the area of chronic disease management and the opportunity to participate with AH&MRC has been particularly enriching in many ways.

Christopher O'Brien (Illawarra Aboriginal Medical Service Aboriginal Corporation)

Christopher is a Yorta Yorta man from Cummeragunja on the Murray River. He has been employed with Illawarra Aboriginal Medical Service (IAMS) for nine years, and currently is the Health Services Team Manager. He has worked in the primary health care (chronic disease and diabetes) arena the majority of his time in the health industry with a background in disability, aged care and mental health. Chris' further education consists of; Certificate IV in Frontline Management & TAE, Certificate III in Cardiovascular Disease, Aged Care and Disability, Community Services and Development, Dementia Awareness and ABI, Aboriginal & Torres Strait Islander Mental Health First Aid, and is currently undergoing his Certificate IV in Aboriginal & Torres Strait Primary Health Care with the aspiration to become an Aboriginal Health Practitioner. Chris is also the National and NSW State Leader for the Quality Assurance for Aboriginal and Torres Strait Islander Medical Services (QAAMS) program and has been affiliated with the AH&MRC since 2005.

James Sheather (Armajun Aboriginal Health Service Incorporated)

James is a Kunja man from Bourke, NSW. He currently works for Armajun Aboriginal Health Service in Inverell as a Aboriginal Health Worker – Programs Manager. His role includes delivering health promotion, programs and education to the local and surrounding communities of Inverell.

Megan Winkler (Riverina Medical and Dental Aboriginal Corporation)

A Wiradjuri woman, Megan was born in Leeton and grew up and now lives in Wagga Wagga. She is currently the Chronic Care Coordinator/Outreach Worker/ Enrolled Nurse at Riverina Medical & Dental Aboriginal Corporation. She is studying a Bachelor of Nursing at Charles Sturt University via distance education and also sits on the AH&MRC Chronic Disease Resource Reference Group.

Kylie Wyndham (Casino Bulgarr Ngaru Aboriginal Medical Service – Casino)

Kylie is the Clinical Nurse Consultant – Chronic Disease Nurse based at Casino. She has been a registered nurse since 1991, studying Midwifery and Child Health in Sydney. Since 1996 Kylie has worked in rural and very remote areas throughout Australia. She has worked in four different states, mainly with Aboriginal people. While Kylie was a remote area nurse for four years, she studied for a Master of Nursing (Rural and Remote) at the same time. It was from this experience her interest in chronic disease formed.

We would also like to acknowledge Kara Sutherland from Orange Aboriginal Health Service for her input early on in the development of the conference.

AH&MRC Chronic Disease Conference Working Group

Jo Coutts (AH&MRC)

Jo has been in the role of Chronic Disease Coordinator at AH&MRC since June 2011. Having completed her Bachelor Health Science (Nutrition) degree, she worked in Public or Community Nutritionist roles before joining the Chronic Disease Team at AH&MRC.

Katarina Curkovic (AH&MRC)

Katarina has been working with the AH&MRC since May 2009. Her current role at the AH&MRC is Project Officer (Chronic Disease). Katarina Curkovic completed a Bachelor of Health (Community Health) at Macquarie University in 2008.

Kerri Lucas (AH&MRC)

Kerri Lucas is a Public Health Manager at the AH&MRC. Kerri currently manages the Chronic Disease, Tobacco Resistance and Control, Cancer and Child and Maternal Health Programs. Her qualifications include Bachelor of Nursing and a Masters in Public Health from University of Sydney.

Welcome from AH&MRC CEO

Once again it is my pleasure to welcome you to the AH&MRC Chronic Disease Conference 2014, Growing Stronger Living Longer, our third chronic disease conference.

This conference program builds on outcomes from our previous chronic disease conferences in 2010 and 2012, and draws on ACCHS knowledge and expertise through input from the Conference Advisory Group.

Our program brings with it much optimism and reflects the strength of the workforce in improving the health of Aboriginal people in NSW, despite current and ongoing uncertainty in this and other areas.

Conference topics include 'how we work together', 'promoting health', and 'stories from the ACCHS' – these discussions will provide opportunities for us all to learn, participate and to be inspired.

'Male health' and 'chronic disease management' are two areas particularly important to improving Aboriginal health, and these also feature on our program.

Preventing and addressing chronic disease in our communities needs all of us to play a part. I look forward to seeing you at Growing Stronger Living Longer in 2014.



Sandra Bailey

Welcome to Country and Conference Opening

Welcome to country will be performed by Uncle Allen Madden, a local elder. A smoking ceremony will be performed by a local elder and accompanied by a didgeridoo player from Koomurri Management, followed by a dance from students from St. Scholastica's College.

Sandra Bailey (AH&MRC CEO)

Sandra Bailey is a Yorta Yorta woman and current CEO of the Aboriginal Health and Medical Research Council of NSW. She has a long-standing involvement in the Aboriginal Community Controlled Health Sector.



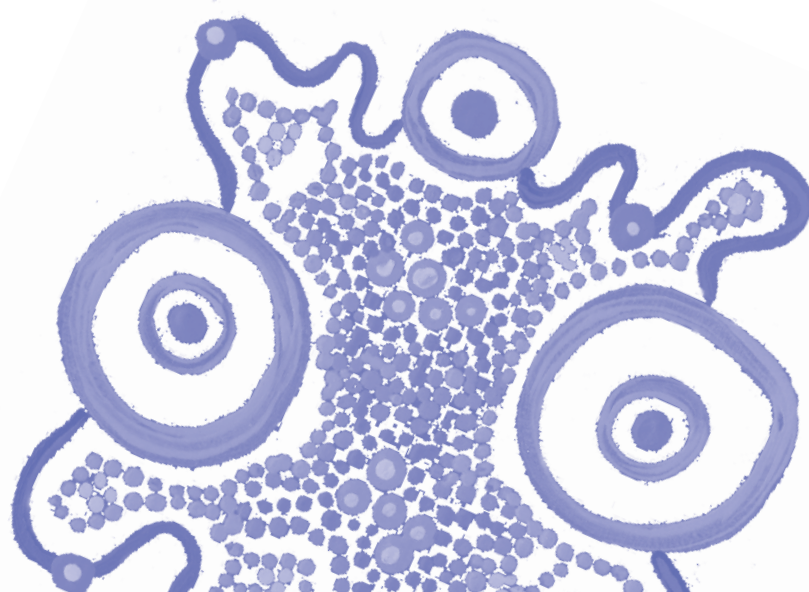
Nicole Turner (Master of Ceremony)

Nicole Turner has worked in Aboriginal health for the last 20 years and is one of only five qualified Aboriginal Nutritionist in Australia. Nicole currently works as an Indigenous Health Academic in the University of Rural Health at Newcastle University, as well as Area Manager for Hunter New England Go4fun program.

Nicole has extensive experience and knowledge in Aboriginal health at many levels, being involved in international, national, state and local level organisations and committees. She has recently been appointed the Director on the board of Indigenous Allied Health Australia (IAHA). Nicole has spent many years conducting research in Aboriginal communities and has six publications of her work in international journals, and three currently waiting publication.

She is involved in many research projects conducted over NSW, and she also trains Aboriginal staff in the Hunter New England area to deliver the Go4fun healthy lifestyle program in their communities.

She keeps herself very busy with her four beautiful children and one gorgeous grandson, and does a lot of travelling with her work. She is very passionate about Aboriginal health and research – especially nutrition and having a healthy lifestyle. She believes we all can make a difference in our own way and hopefully can get our people to live longer through gaining and maintaining a healthy lifestyle.



Detailed Program

Tuesday 6 May 2014

Plenary Session (Morning)

Grand Central Room

Priorities in a changing landscape

This session will acknowledge the changing health landscape and how to get more health gains with the current limited resources, based on evidence. It will highlight how investing in Aboriginal Community Controlled Health Organisations is a cost effective approach and provides health outcomes for Aboriginal communities. Followed by a discussion of the importance of engaging and providing guidance to Aboriginal peoples in the area of allied health.



Ngiare Brown

Dr Ngiare Brown was one of the first Aboriginal medical graduates in Australia, and is currently the Public Health Medical Officer at National Aboriginal Community Controlled Health Organisation (NACCHO). She completed her medical degree at the University of Newcastle in 1992 and graduated with a Masters in Public Health and Tropical Medicine from James Cook University in 2000. Ngiare is a Yuin nation woman from the south coast of NSW and is passionate about indigenous health and social justice. She was foundation chief executive officer with the Aboriginal Indigenous Doctors Association. During her career Ngiare has held a variety of positions in education, mentoring, clinical practice and advocacy. She is committed to early childhood and adolescent wellbeing

and has worked over the past two decades to develop an extensive international network in indigenous health. Ngiare is proud of her heritage and is committed to making a difference in the lives of Aboriginal and Torres Strait Islander people through improved health and is a strong advocate for federal government initiatives to attract more Aboriginal and Torres Strait Islander people into health professions.



Faye McMillan

Faye McMillan is a Wiradjuri woman from Trangie, NSW. Faye is a Community Pharmacist, Director of the Djirruwang Program at Charles Sturt University and the current chair of Indigenous Allied Health Australia. The Djirruwang Program offers Aboriginal and Torres Strait Islander peoples the opportunity to enter the Mental Health workforce as early career mental health professionals.

Plenary Session (Afternoon)

Grand Central Room

Becoming an accredited Aboriginal Health Practitioner

This session will provide an overview of the steps to take to become a Aboriginal Health Practitioner (AHP) from the Aboriginal and Torres Strait Islander Health Practitioner Board, plus the scope of certificates and other short courses available at the Aboriginal Health College. The session will also include personal journeys of going through the process from Aboriginal Health Worker to an Aboriginal Health Practitioner and maintaining registration, ending with open question and answer time.

Kelly Bamblett

Kelly is a 35 year old Aboriginal Wiradjuri Woman who grew up in Narrandera and now lives in Wagga Wagga. She has been an Aboriginal Health Worker for Riverina Medical & Dental Aboriginal Corporation for the last two and a half years. She has one cluster left to complete her Certificate IV in Aboriginal and Torres Strait Islander Primary Health Care before graduation and finalising requirements to apply to be an Aboriginal Health Practitioner.

Laurie Clay

Please refer to biography under AH&MRC Chronic Disease Conference Advisory Group on pg 4.

Kelly Menzell

Kelly has been a Trainer and Assessor with a Primary Health Care focus at the Aboriginal Health College since August 2013. She is a Registered Nurse and has extensive experience in post secondary education and working in community program development in Australia and abroad. She completed her PhD through the University of West London: United Kingdom in 2012 and her Master Degree at Deakin in 2000. Both of which were ethnographic studies.

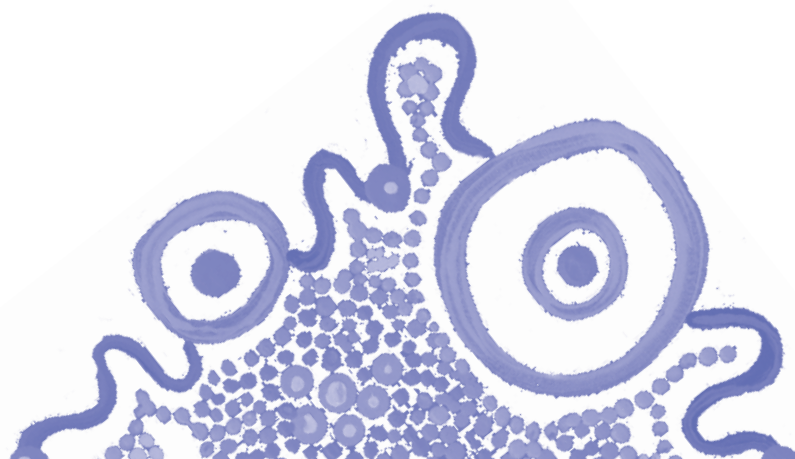


Peter PangQuee

Peter PangQuee has been an Aboriginal Health Worker (AHW) for over 35 years, starting his AHW career in 1979 at the East Arm Hospital in Darwin, NT. Both his parents are from the stolen generation. On his mother's side are Antakirinja Matu-Yankunytjatjara people from around Cooper Pedy, SA, and she grew up in Umeewarra Mission in Port Augusta. On his father's side are Marrathiyel people from Woodikupildiya, which is about 350km west of Darwin, and he was placed in Darwin's Retta Dixon Home.

Peter has worked in fields such as community development, community welfare, child protection and correctional services. His current position is as the Principal Aboriginal and Torres Strait Islander Health Practitioner Advisor for the NT Department of Health.

He has also been involved with AHW Registration in the NT for over 16 years and has been the Chair for the past 13 years. He is now the inaugural Chair of the Aboriginal and Torres Strait Islander Health Practice Board of Australia.



Tuesday 6 May 2014

Break Out Sessions & Workshops

If you are particularly interested in attending a concurrent session, we encourage you to get to the room early as there is a limit to the number of people allowed into each room. Once the room is full, you will not be able to enter for safety reasons.

Break Out (Morning)

Central Room

Stories from Aboriginal Community Controlled Health Services (ACCHS)

Our community programs

Presenter: James Sheather

The presentation will be sharing Armajun's story of establishing healthy life style groups within their community. James will reflect on what worked and what didn't work so well, ending with where they are today with a engaged healthy lifestyle group and a complimentary set of facilities Armajun can call their own.

Specialists clinics using video

Presenter: Laurie Clay and Sharif Bagnulo

A partnership with Durri AMS and NSW Rural Doctors Network using Telehealth Video (Vidyo) to facilitate specialist endocrine services for patients with diabetes. Using a best practice model this example of a clinical pathway aims to make holistic optimal positive cognitive behavioural changes in diabetes education management and self-management for those living with diabetes through the use of specialists clinics using video software.

Outlining roles and responsibilities in the specialist clinics when diabetes education is provided by an integrated interdisciplinary team including, at a minimum, the person with diabetes, a nurse, a dietitian and physician who are skilled in diabetes prevention and management as well as educational, behavioral and psychosocial strategies. It will also highlight the importance of including other people in the care, such as family members, pharmacists, behavioral scientists as needed, and strategies for a smooth implementation.

Dead, or Deadly Chronic Disease Program

Presenter: Faye Worner and Kate Stein

A segment of the produced DVD will give an insight on how Waminda's Dead, or Deadly Program works to prevent, and also manage chronic disease in their communities. The DVD gives an overview of the program and also has a few case studies where participants tell their story.

Smoking – A tragic love story

Presenter: Maiysha Craig and Bernard Kelly-Edwards

READY MOB is a Tackling Smoking and Healthy Lifestyle team that operates in the service areas of Galambila, Durri and Werin Aboriginal Medical Services. READY MOB stands for Really Evaluate And Decide Yourself Make Ourselves Better. The name also signifies that the team is READY to work with the community to promote healthy lifestyle choices. READY MOB engaged with communities across the Mid North Coast Local Health District to design a community-based social marketing campaign. READY MOB will be presenting on the findings of their community engagement, why smoking is a tragic love story and how they are tackling smoking and promoting healthy lifestyles in the Mid North Coast.

Break Out (Morning) Cont.

Town Hall Room

Chronic disease management

Kidney friendly holidays made easy

Presenter: Daniel Glaubert

This unique presentation looks at the idea of travelling with Chronic Kidney Disease and being able to dialyse. Information provided will include advice and tips to prepare patients for travel, how to help them plan ahead, how to make contact with local health services they are travelling to, costs involved, plus how to advise patients on what happens if people miss dialysis when they need to travel. Reference will be made to Kidney Health Australia's new booklet "Travelling on dialysis".

Delivering better outcomes for those with chronic lung disease

Presenter: Heather Allan

Each year, well over 2.3million people live with chronic lung disease. 14% of all deaths are caused by lung disease. Aboriginal and Torres Strait Islander Australians die of lung disease at a rate of up to three times that of the non-Indigenous Australians and, in the case of COPD (chronic obstructive pulmonary disease), five times that of non-Indigenous Australians. Much lung disease is undiagnosed, as people ignore important symptoms. Early diagnosis and best-practice management have been shown to lead to better outcomes. Lung Foundation Australia promotes a program of targeted case finding in the community coupled with disease management programs. This session will demonstrate the use of a lung function screening device for use in a targeted case and outline the extensive suite of clinical and patient resources available for use across a range of settings.

TORPEDO and NSW HealthTracker Project – results and what they mean for the future

Presenter: Marilyn Lyford

HealthTracker-CVD is the first of its kind developed to address service gaps for management and prevention of cardiovascular disease in primary health care services. Features include real-time decision support based on thirteen national guidelines, a risk communication tool, an automated clinical audit tool, and a web portal where services can view peer-ranked performance. A number of Aboriginal Community Controlled Health Services in New South Wales are currently participating in HealthTracker-CVD as part of the TORPEDO study and NSW HealthTracker Project, with services showing promise to embrace health technological interventions. This presentation will provide a snapshot of the results to date and discuss the way forward through a continuous quality improvement model for cardiovascular disease management.

Quality Assurance for Aboriginal and Torres Strait Islander Medical Services (QAAMS) Program

Presenter: Bridgit McAteer and Chris O'Brien

The Quality Assurance for Aboriginal and Torres Strait Islander Medical Services (QAAMS) Program has been successfully operating for 15 yrs. QAAMS is a program designed to ensure community control and ownership of point-of-care pathology testing for diabetes management in Aboriginal and Torres Strait Islander communities. It uses a quality management framework to make sure patient results are accurate and precise. Tests are simple to perform, use only a small sample from either a fingerprick of blood or a drop of urine and results are ready in less than 10 minutes allowing clinical decisions to be made at the time of consultation. A Medicare rebate is available to QAAMS enrolled services.

The QAAMS Management Team alongside the Indigenous Leaders Team train point-of-care operators, including Aboriginal Health Practitioners/Workers in over 170 Aboriginal Medical Services Australia wide to perform both HbA1c and urine ACR tests on the Siemens DCA Vantage device. The QAAMS Indigenous Leaders Team provide ongoing and culturally safe recommendations, leadership and support for the future development of the program. This presentation will provide an update on the QAAMS program.

Tuesday 6 May 2014

Workshops (Morning)

Martin Place Room

Asthma device technique (90 minutes in duration)

Presenter: Julie-Ann Garvie and Samantha Bruce

This workshop includes a practical component and open group discussion. This session will benefit both clinical and non clinical staff. At the end of the session participants will have learnt;

- Update on how the Asthma Foundation NSW can support health professionals
- Update skills on responding to an asthma emergency
- Demonstrate best practice device technique with puffers, spacers, acuhalers and turbuhalers and
- Discuss and share strategies to support asthma management in Aboriginal communities.

Participants will also take part in a facilitated group discussion identifying common issues with client asthma management and the opportunity to share successful strategies used in services.



This session has been endorsed by APEC number 120725428 as authorised by Royal College of Nursing, Australia according to approved criteria. Attendance attracts 1 RCNA CNE points as part of RCNA's Life Long Learning Program (3LP).

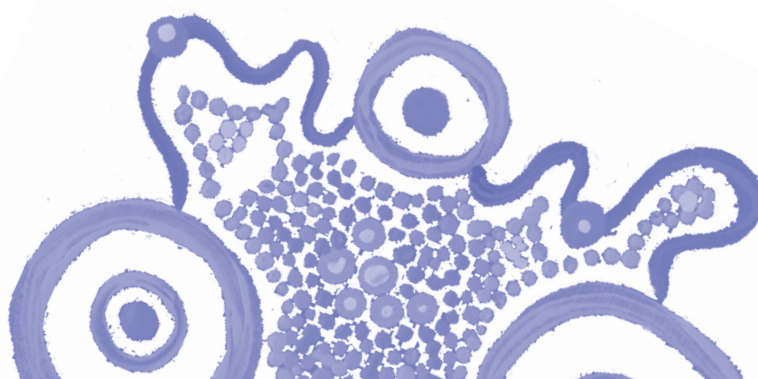
Museum Room

Making the most of diabetes and heart medicines (90 minutes in duration)

Presenter: Joanne McMahon

While lifestyle factors underpin management, many clients will be taking medicines to help manage their diabetes, hypertension and lipids. This workshop will enable participants to consider the main drug classes for these conditions using a Quality Use of Medicines approach. This will allow support of clients with information on their medicines and with strategies to promote adherence.

This session assumes prior clinical knowledge in the use of medicines, and targeted to the audience of Registered Nurses or Senior Aboriginal Health Workers.



Break Out (Afternoon)

Central Room

How we work together

Knockout health challenge

Presenter: Lachlan Wright and Rachael Havrlant

The Knockout Health Challenge is a primary prevention program run in partnership between NSW Health and NSW Rugby League. This is the third year of the Challenge which aims to engage Aboriginal communities to improve eating habits, increase physical activity and to lose weight.

Understanding and working with Medicare Locals in NSW

Presenter: Wendy Campbell and Jerry Bacich

This presentation will provide an overview of where Medicare Locals are located, what they have been set up to do and an overview of the range of services provided by Medicare Locals, in particular services for Aboriginal people with chronic disease. It will answer some questions on how Medicare Locals are funded, if they contract services and will showcase some examples and key principles behind successful partnerships with ACCHS and Local Health Districts (LHDs).

Central West Elders Olympics 2014

Presenter: Sandra Kilby

The Elders Olympics was a joint venture with Central West Aboriginal Home and Community Care (HACC) Development Officer and Orange City Council Home and Community Support. It combined the Sports Ability Day and the Olympics to provide all community members including Elders an active social event focused on ability. It was first introduced by workers at Booroongen Djugun in 2001 as they felt that they were limited or had no activities for Elders. The presentation will highlight the events of the 2014 Olympics held in April, and benefits of working together to improve the delivery of outcomes in the Central West.

Primary Health Care Workers in Eye Care

Presenter: Colina Waddell

The presentation will discuss how eye care is integrally linked with routine primary care, especially chronic disease management for people with diabetes. Several case studies and lessons learned by working in partnership with six NSW ACCHS to put systems in place to better embed eye care with primary health will be discussed. This includes training for Primary Health Care practitioners in routine eye and vision checks, clarifying internal and external eye care referral pathways and Continuous Quality Improvement for eye care. The importance of timely access to eye care for patients with diabetes shall be discussed and practical tips for ACCHS. This work links to the Vision CRC project, Models of vision care delivery for Aboriginal and Torres Strait Islander communities.

Tuesday 6 May 2014

Break Out (Afternoon) Cont.

Town Hall Room

Promoting health

Deadly Sista Girlz

Presenter: Janelle Hurley and Jenny Skinner

A healthy lifestyle program for Aboriginal Women in the Coffs Harbour Area called Deadly Sista Girlz. The program assists Aboriginal women who may not be able to access fitness and wellbeing programs in the mainstream to participate in a range of activities, identified by participants at the start of each year. Funding comes from various funding bodies as well as from local fund raising to sustain the program which includes a personal trainer and is linked to Galambila Aboriginal Health Service. The presentation will cover who the Deadly Sista Girlz are, what they do for their women and children, their involvement in community activities, and most of all what they achieve for themselves as active participants.

Training in Traditional Indigenous Games

Presenter: Ricky Lyons

An overview of the range of healthy lifestyle activities available through Sport and Recreation under the Department of Education and Communities will be presented. This will include activities available for community members as well as training opportunities, such as how to undergo training in Traditional Indigenous Games in NSW. Details on when, how you apply, length of training, benefits and the cost involved will be discussed.

Passport to Better Health

Presenter: Sharon Hatley

The presentation will show what the Griffith Tackling Tobacco and Healthy Lifestyle project are doing in communities throughout the Riverina. The Passport to Better Health team cover many towns including Deniliquin, Young, Harden, Junee, Wagga Wagga, Darlington Point, Lake Cargelligo, Murrin Bridge, Leeton, Hay, Hillston, Narrandera and Griffith, working with partners such as schools, Medicare Locals and community organisations. The program helps to increase health of the community by promotion of leading healthy lifestyles through education of healthy food choices and increased levels of physical activity and tobacco resistance activities.

Tour Da Country

Presenter: Dale Wright

Tour Da Country is an annual event where bike riding around NSW helps promote health and reconciliation. The aim of the tour is to motivate and promote healthy living through healthy eating and regular exercise whilst closing the health gap between Aboriginal and Torres Strait Islanders and non-Indigenous Australian's. The presentation will use photos from previous tours and outline the tour proposed for 2014, including how to get involved.

Workshops (Afternoon)

Martin Place Room

Asthma device techniques (90 minute session) please see description on pg 12

Museum Room

Making the most of diabetes and heart medicines (90 minute session) please see description on pg 12

Conference Dinner Entertainment

Grand Central Room



Evie J. Willie

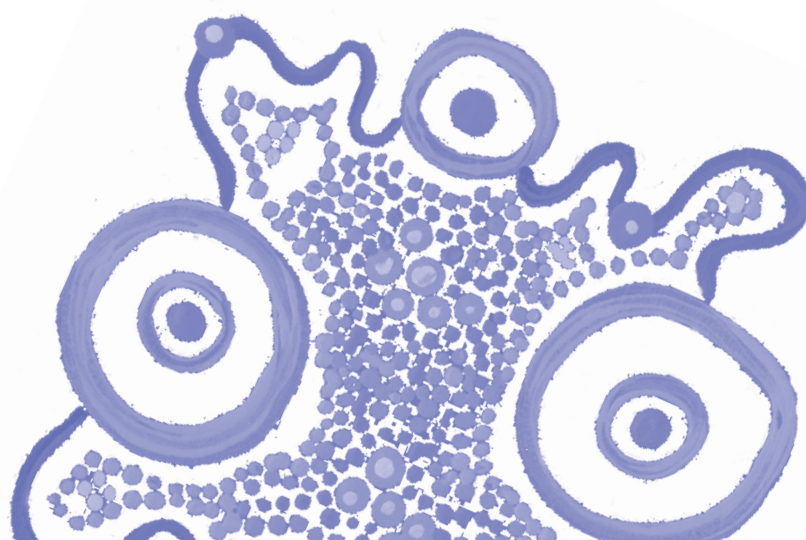
Evie is a proud Indigenous singer/ songwriter who has been writing since the age of 15. Born in Toowoomba Queensland, but raised on the Indigenous reserve of Wellington NSW.

Since moving to Sydney in 2009, Evie has used her own music to express herself as a strong contemporary Indigenous female artist. Drawing on her Aboriginal and Melanesian roots Evie uses her inspiration from real life experiences, truth, identity and culture.



Charlie Bradshaw

Charles Bradshaw, better known as Uncle Charlie, is a Dunghutti man from Kempsey. He has been a great feature at many Aboriginal and non- Aboriginal functions, including corporate gigs. Uncle Charlie has been involved in the music industry for well over 20 years, and more recently has ventured into the Karaoke business (known better in the Indigenous communities as Koori-oke). This venture is popular amongst the Indigenous communities he works in and is enjoyed by both young and old.



Wednesday 7 May 2014

Plenary Session (Morning)

Grand Central Room

Attention in the Media

Olivia Greentree

This session will provide a brief insight into what makes a good news story and some practical tips to assist in getting your story picked up by the media.

Broadcasting a national approach to Aboriginal and Torres Strait Islander Health

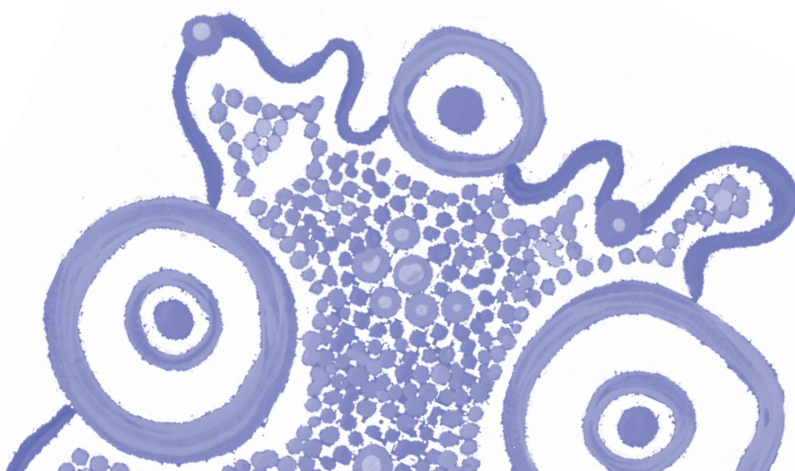
Tanya Denning

The health issues of Indigenous Australians are well documented. Indigenous Australians can expect to live 10-17 years less than other Australians. Babies born to Aboriginal mothers die at more than twice the rate of other Australian babies. The issues are easier documented than solutions. The funding of NITV by the federal government is quoted in reference to Closing the Gap agenda. There has not been any specific plans that aligns NITV with specific national agenda. 99% of Australian homes have at least one television. NITV reaches 95% of Australian homes. NITV is committed to the development of Indigenous communities, Indigenous people and Indigenous culture. This presentation talks about what NITV can do in collaboration with other agencies to address the agenda.

A personal journey

Aunty Joy Reid

Aunty will show that often narrative story telling, including culture in stories can be more powerful than traditional evaluation which can remove the personalization of chronic diseases, and that stories can have a positive impact into effecting positive change. It will help enable health professionals to take the step and identify how to better help support patients. The objectives of Aunty's talk is to empowerment and educate.



Tanya Denning

Tanya Denning is a proud Birri woman from central Queensland, who began her media career after completing a Bachelor of Arts in 1996. Tanya has worked in the media industry for more than a decade in fields spanning from community broadcasting and journalism to Executive Television Production to now the Channel Manager of National Indigenous Television (NITV). Since NITV's amalgamation into SBS, Tanya has shown true leadership and dedication as NITV's Channel Manager, which directs the overall management, programming, production, communication, and digital divisions within the network. NITV employs approximately 55 media professionals, of which 70% are Indigenous.

Olivia Greentree

Olivia is a communications specialist with more than 16 years experience in public relations, media and issues management. She has a strong background in developing, implementing and evaluating communications strategies for public, private and not-for-profit organisations and preparing executives and government ministers for challenging media interviews.

Aunty Joy Reid

Joy is a proud Wailwan/ Kamilaroi woman with a natural respect and appreciation for Aboriginal communities and cultural protocol. She is also a proud grandmother and mother.

Most of her employment roles have been Aboriginal identified positions which involved consistent work supporting Aboriginal Communities and families. She is currently employed one day per week as an Associate Aboriginal Financial Counsellor, and now adds guest speaking to her interests with community involvement and hopes that she is touching and assisting her people and all communities. She is also a JP (Justice of Peace).

Joy is a qualified counsellor with a Diploma of Counselling and Group Work and holds a Bachelor Education (Secondary: Aboriginal Studies). She is a member of: Australian Counselling Association (ACA 7618), the Professional Counselling Association of the ACT & NSW (PCA 224), and the Attorney General's Panel for Guardian ad Litem's. She provides general counselling on a range of issues to adults and has a particular interest in self-esteem and shyness, stress management, assertiveness, spirituality, depression and work and health issues as well as grief and loss delivered by and in the Aboriginal way.

Plenary Session (Afternoon)

Grand Central Room

Engaging young males in health

Jeremy Donovan

An inspirational presentation on engaging and promoting health among male youth. Jeremy will talk about his experiences working with youth and the importance of culture to empower them. He will reflect on how influences in youth impacts on ambitions and future endeavours, and the need for everyone to promote health and well-being in communities.

Prizes and guest appearance

Football prizes and possibly a guest appearance who will give a personal perspective on maintaining a healthy lifestyle and how involvement in community and team sports can be more motivational to live a healthy lifestyle than doing it on your own.

Jeremy Donovan

Is a descendant from Kuku-Yalanji tribe of far Northern Queensland. Jeremy's passions is working with youth, encouraging and empowering the youth to walk in the footprints of their culture and to bring their own understandings, skills and talents out to be the strong unique individuals they are, united by the heritage of thousands of years of culture. Having been a Youth Worker in the past, this work was based around building self esteem, self worth and gaining a greater understanding of identity, the same battle Jeremy once faced. Jeremy is a celebrated speaker and performer, using the Didgeridoo in many of this talks and performances, and is a talented artist.

Wednesday 7 May 2014

Break Out Sessions & Workshops

If you are particularly interested in attending a concurrent session, we encourage you to get to the room early as there is a limit to the number of people allowed into each room. Once the room is full, you will not be able to enter for safety reasons.

Break Out (Morning)

Central Room

Male Health

NACCHO Aboriginal Male Health Blueprint & NACCHO Ochre Day 2014

Presenter: Mark Saunders

This presentation will explain the NACCHO Aboriginal Male Healthy Futures Blueprint with a particular focus on the 10 point plan contained in this document. This presentation will also announce NACCHO's plans for the NACCHO Ochre Day 2014.

Gamarada Men's Self Healing Program

Presenter: Ken Zulumovski

Gamarada Indigenous Healing and Life Training Ltd ('Gamarada') aims to address trauma by providing trauma-informed skills and tools which supports growth and empowerment of the most vulnerable in a safe holistic healing space by increasing awareness, promoting inner strength, discipline, and self-control by focusing on higher values such as community service love compassion and non-violence plus education and prevention strategies to reduce recidivism.

These skills and tools are shared from communities and disseminated back to the individual or community through workshops and group therapy, in partnership with local Aboriginal communities, state and local government services and non-government organisations. The presentation is an in-depth look at the development, strategies for sustainability and expansion of the Gamarada programs.

Male Cancers

Presenter: Toby Dawson

The presentation will provide an overview of screening and prevention of cancers, with more in depth details of cancers specifically affecting males. It will also cover what support services and resources are available from the Cancer Council NSW.

Break Out (Morning) Cont.

Town Hall Room

Chronic disease management

Empowering Aboriginal People with a Disability in “Living their Way”

Presenter: June Riemer

The Aboriginal Disability Network NSW will define how having a disability in Aboriginal communities is not readily acknowledged as a deficiency. The presentation will provide an overview of the changes in the disability services sector and the interface of the National Disability Insurance Scheme.

The work of the Aboriginal Disability Network will discuss its capacity building activities in Aboriginal communities in rural and remote regions of NSW. A discussion on alternative programs such as *Ability Linkers* will briefly be described, to ensure everyone can benefit from the disability sector changes that need to. Plus highlighting the supportive role nurses, Aboriginal Health Workers and other health professionals can have to individuals and the community in ensuring they can have full capacity to engage.

How to plan for palliative care

Presenter: Frank Brennan

This presentation will demystify palliative care. What is palliative care and what you can do to plan for to make things easier now and in the future for your patients, family and friends who have a chronic disease.

Details will include the process of end of life care and advanced care planning along with the benefits of this option for those with life threatening diseases.

Meeting the challenges of living with chronic pain

Presenter: Prof Michael Nicholas

The session will briefly describe our current understanding of chronic pain, how such pain can be assessed and key management principles, as well as how a range of health workers can help people with chronic pain to lead full and productive lives despite their pain.

Raising awareness and building networks in cancer

Presenter: Catherine Wood

The Aboriginal Cancer Partnership Project aims to improve cancer outcomes for Aboriginal people in NSW by building skills, knowledge and networks along the cancer journey from prevention, through treatment and beyond.

This presentation will look at some of the work we are doing to bring together communities, health workers and services at a local level, to raise awareness of cancer and its impact on Aboriginal communities, and work together on solutions that will provide better support for Aboriginal people with cancer. This project is being delivered as a partnership between AH&MRC, Cancer Council NSW and Cancer Institute NSW.

Wednesday 7 May 2014

Workshops (Morning)

Martin Place Room

A stronger worker means a stronger community: A stress and self-care workshop

(90 minutes in duration)

Presenter: Gina O'Neill

The aim of this workshop is to define stress and how it impacts on our work. This workshop will deliver a clearer understanding of burnout prevention and experiential exercises to reflect on where we are with our work and develop plans to manage stress. There will be a section where links to chronic disease and mental health are explored with an emphasis on defining the common mental health issues that are likely to develop as a result of chronic disease and treatment options for the workers.

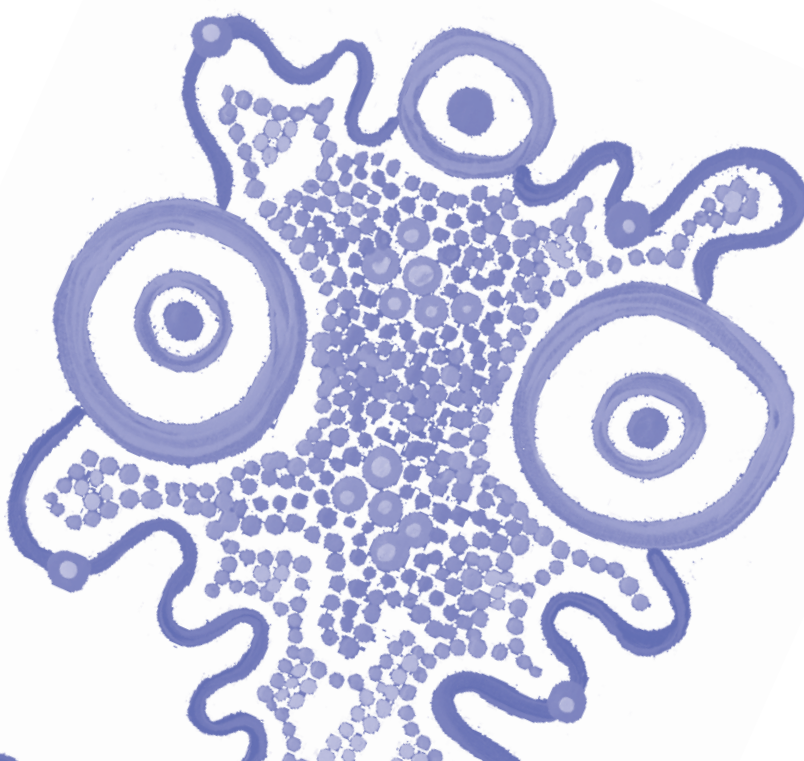
Museum Room

Medicare workshop for ACCHS staff (90 minutes in duration)

Presenter: Sandy Robertson

The aim of this workshop has been tailored for ACCHS and will cover a range of Medicare information including:

- Processes of keeping updated on Medicare and strategies for ACCHS to keep updated on changes
- Health checks and follow up items, including allied health item numbers
- PIP and PBS Co-pay plus claiming the items: 10987, 81325 and 81300.



Workshops (Afternoon)

Martin Place Room

A stronger worker means a stronger community: A stress and self-care workshop – please see description on pg 20

Museum Room

Basket Weaving

Presenter: Phyllis Stewart and Steven Russell

This workshop will allow participants to learn basic weaving techniques from two passionate NSW Cultural Educators from Jungah Weavers. It is a informal workshop, to engage conference delegates in networking or form new relationships whilst learning about Aboriginal culture.



Steven Russell making a basket and baskets made in previous workshops.

Biographies

Heather Allan (Lung Foundation Australia)

Heather is the director of Marketing & Health Strategy at Lung Foundation Australia. Heather has worked for Lung Foundation Australia since 2005, initially as Director of the COPD National Program and recently in a new position overseeing Marketing and Strategic Development. The Lung Foundation works collaboratively to develop and disseminate clinical resources; raise community awareness; develop patient support programs; advocate; and fund research.

Sharif Bagnulo (NSW Rural Doctors Network)

Sharif is the NSW Rural Doctors Network's (RDN) Outreach Programs Manager. As part of RDN's Outreach Team, Sharif works to implement programs that are designed to improve Aboriginal and rural patients' access to a wide range of health services. The Outreach Programs respond to locally identified needs by supporting medical specialists, allied health workers and nurses to routinely visit Aboriginal and rural communities. Sharif and his team now manage over 1,000 outreach services and have maintained a significant focus on addressing chronic disease in Aboriginal communities. Prior to joining RDN, Sharif worked in Nigeria, West Africa for eight years where he managed a portfolio of health and development programs. Sharif is a certified Project Management Professional (PMP) with the Project Management Institute and is undertaking the final year of the Australian Graduate School of Management's MBA (Executive) program at the University of NSW.

Jerry Bacich (Australian Medicare Local Alliance)

Jerry is the Closing the Gap – Workforce Support – Field Adviser with the Australian Medicare Local Alliance and has been in this role for the past 12 months. He supports the Close The Gap (CTG) and Care Coordination and Supplementary Services (CC&SS) workforce in Medicare Locals in the Sydney metro and outer metro regions of NSW and VIC. Previous to this he was Program Manager for the Indigenous Care Coordination and Supplementary Service Program at General Practice NSW. For the past decade Jerry has worked in a wide range of project management roles in the Divisions of General Practice (Medicare Locals) network in the areas of mental health, drug and alcohol, chronic disease, medical education and GP workforce support.

Frank Brennan (Palliative Care Physician)

Frank is a Palliative Care Physician based in Sydney. As well as Australia, he has lived and worked in Ireland and South Africa. He loves Irish music and poetry. As part of his work he travels to Port Macquarie, Moree, Tamworth and Armidale. In the early 1990s he worked at the Aboriginal Medical Service in Redfern. He is also a lawyer and worked as an Associate with Justice Mary Gaudron on the High Court of Australia. During his time working with the Judge the *Mabo* decision was handed down.

Samantha Bruce (Asthma Foundation NSW)

Samantha (Sam) has worked in the non-profit and community sector for eight years in a number of project and program management roles. With a background in social science and development Sam has focused on applying her skills to ensure efficient and effective delivery of projects and services into the community. Sam oversees a number of training programs at Asthma Foundation NSW that focus on delivering education and information on asthma awareness and management to school communities; Culturally and Linguistically Diverse (CALD) populations; Aboriginal and Torres Strait Islander communities; older Australians; as well as in lower socio-economic areas and rural and remote locations.

Wendy Campbell (Australian Medicare Local Alliance)

Wendy has worked on the Closing the Gap programs since 2010, first with GP NSW and since 1 January 2013 with Australian Medicare Local Alliance providing workforce support to Medicare Local staff working on Closing the Gap, Care Coordination Supplementary Services Programs and other Aboriginal and Torres Strait Islander health and well being programs in NSW, ACT, Tasmania and NT.

Laurie Clay (Durri Aboriginal Corporation Medical Service)

Please refer to biography under AH&MRC Chronic Disease Conference Advisory Group on pg 4.

Maiysha Craig (Galambila Aboriginal Health Service Incorporated)

Maiysha is a young Gumbaynggirr woman who works in the Galambila tackling smoking and healthy lifestyles team. She is currently studying bachelor of nursing and has a passion for Indigenous health.

Toby Dawson (Cancer Council NSW)

Toby is the Regional Manager for Southern NSW Cancer Council offices and Chair of Cancer Council NSW Aboriginal Engagement Group. Toby is responsible for the development and delivery of the regional strategy and the day to day management of offices located in Wollongong, Bega and Queanbeyan.

Julie-Ann Garvie (Asthma Foundation NSW)

Julie-Ann has extensive experience in client management which she applies to her current role as the Community Projects Coordinator at Asthma Foundation NSW. Julie-Ann has worked for Asthma Foundation NSW for approximately six years and she firmly believes that education is vital to drive changes in an individual's asthma management behaviour. Providing health support and information to communities with low health literacy is a major focus of her work and running face to face community events is one of the most satisfying aspects of the Community Project Coordinators' role.

Daniel Glaubert (Kidney Health Australia)

Daniel is a registered nurse with a passion for kidney health and public awareness. His background working in emergency units in rural settings across Australia has built a strong set of skills and knowledge which he now brings to his current role as Kidney Health Australia NSW Health Services Manager. Based in Sydney, Daniel works with renal units and consumers across NSW. He has strong links with a number of children's programs, young adult groups and universities across the state. Daniel's current focus is on Young Adult support groups across Australia and improving patient outcomes.

Sharon Hately (Griffith Aboriginal Medical Service)

Sharon has been with the Regional Tackling Tobacco and Healthy Lifestyle team since June 2012. She is the current Co-ordinator for the team, and is based in Griffith.

Rachael Havrlant (Agency for Clinical Innovation)

Rachael is a Project Officer at the Agency for Clinical Innovation and has been working in the Aboriginal Chronic Care team for over four years.

Janelle Hurley (Deadly Sista Girlz)

A Kamilaroi Women who was born in Tingha NSW, Janelle has been involved with Deadly Sista Girlz since its beginning in 2009. She is a current Board Member, and holds the position of Treasurer.

Bernard Kelly-Edwards (Galambila Aboriginal Health Service Incorporated)

Bernard is from Gumbaynggirr on the Mid North Coast of NSW, he is the youngest of 13 children and the Father of a beautiful Jarjum. Bernard is the Regional Coordinator for READY MOB who Tackle Tobacco and Healthy Lifestyles. He gave up smoking and is now working hard for his health for the betterment of himself and everyone that surround him. Bernard has worked in Human Services since leaving school and looks forward to meeting new friends during this conference.

Sandra Kilby (Orange City Council Orange HACC Services)

Sandra is a proud Ngemba descendant and currently lives and works on Wiradjuri nation. She is employed with Orange City Council as the Central West Aboriginal Home and Community Care (HACC) Development Officer for five years, and been employed in the Community Age Care Sector for 13 years. Sandra has been a member of the NSW Aboriginal Community Care Gathering Committee for the past eight years. Her job involves working with HACC Service providers, networking with local Aboriginal communities to improve service provision in HACC for Aboriginal Aged Care Clients and working with 11 Local Government Areas in Orange City Council HACC Services from Lithgow to Lake Cargelligo.

Marilyn Lyford (The George Institute for Global Health)

Marilyn has worked at The George Institute for Global Health as a Research Fellow for the past eight years. Her background is in health promotion, research, community development and building capacity particularly in the area of Aboriginal health.

Ricky Lyons (Department of Education and Communities)

Ricky is a Wiradjuri man, whose family is of Lyons/Bambelett/Kennedy/Simpson from Narrandera NSW. For the past 14 years he has been employed as the Aboriginal Project Officer with the Office of Communities, Sport & Recreation located at Sydney Olympic Park. He has a Bachelor Degree in Community Management from Macquarie University. Ricky has been a Board member of the Aboriginal Medical Service Redfern for over 13 years, and is a active member, and former Chairperson and Board Member for 12 years, of the Metropolitan Local Aboriginal Lands Council. He believes it is important to be a part of the decision making process that leads to positive community development that addresses the social justice issues that affect the lives of himself, family and community. At the same time we must maintain our cultural heritage, lands rights and sovereignty.

Bridgit McAteer (Flinders University International Centre for Point of Care Testing)

Joining the Flinders University International Centre for Point of Care Testing (PoCT) as Scientist/Recruitment and Promotions Coordinator for the QAAMS Program (Quality Assurance for Aboriginal and Torres Strait Islander Medical Services) in January 2011, Bridgit is a Registered Nurse with a Graduate Certificate in Primary Health Care. She has 10 years of clinical research experience strongly grounded in the coordination and implementation of research programs in areas such as PoCT in General Practice, Clinical Pharmacology, Immunology and Diabetes and Chronic Disease Management. She brings with her experience in recruitment, clinical trial monitoring and auditing.

One of Bridgit's main roles is in QAAMS recruitment and promotion. She also focuses on assisting QAAMS services to establish connectivity, the software package that enables automatic electronic capture of de-identified client and quality testing data from their DCAVantage point-of-care device.

Joanne McMahon (QUM Pharmacist)

Jo is a Pharmacist, with a background in Quality Use of Medicines (QUM), initially as a clinical pharmacist in hospital practice, and has a particular interest in Aboriginal health having taught QUM at the Aboriginal Health College, Little Bay, since 2010 & delivered *Good Medicines Better Health* in NSW & Queensland.

She has provided support to 10 NSW ACCHSs 2008-2012 as a Pharmacist as part of QUMAX, and since 2005 has worked part-time for NPS MedicineWise delivering QUM education to GPs and other health professionals including staff at Aboriginal Community Controlled Health Services (ACCHS). Jo continues to provide education in a range of health care settings, and since 2001 has worked as an accredited medication review pharmacist providing Home Medicine Reviews.

Prof Michael Nicholas

Michael is the Director of Pain Education and Pain Management Programs at the Pain Management Research Institute at the Royal North Shore Hospital and University of Sydney Medical School. He is a clinical psychologist by profession with over 30 years of working in this field.

Christopher O'Brien (Illawarra Aboriginal Medical Service Aboriginal Corporation)

Please refer to biography under AH&MRC Chronic Disease Conference Advisory Group on pg 5.

Gina O'Neill (AH&MRC)

Gina is a proud NZ Maori woman and acknowledges her German and English heritage. Gina is the Clinical Specialist with the AH&MRC Social Emotional Well Being Workforce Support Unit. Gina holds a masters degree in psychotherapy and has over 14 years clinical experience and passion for clinical supervision to sustain Aboriginal workers.

June Riemer (Aboriginal Disability Network NSW)

June is a Dunghetti-Yuan woman but lived most of early years in the central western region of NSW. In the last decades, she has lived in the Sutherland Shire – Dharawal country. Previously, she managed and developed the Kurranulla Aboriginal Corporation and Gnarra Aboriginal HACC Project in the Sutherland and St George areas. She holds a Diploma in Aboriginal Community Development from Tranby Aboriginal College and recently did a statewide consultative project in Aboriginal communities for Ageing, Disability and Home care on Person Centered Approach for people with a disability and their families.

Sandy Robertson (Queensland Aboriginal & Islander Health Council, QAIHC)

Initially Sandy commenced work at QAIHC on secondment from Medicare Australia in November 2006 for nine months where she worked for 22 years. She decided to stay with QAIHC and share her knowledge! She has work at QAIHC for the past eight years in various positions though at present is in the COAG Project Officer position funded under the 'Closing the Gap' initiative. Sandy's focus in her roles at QAIHC have been to provide the most up to date information about Medicare items and the pathways to patient care through providing training and information sessions to staff within the Aboriginal Torres Strait Islander Controlled Health Services.

Steven Russell (Jungah Weavers)

Steven was born and raised at La Perouse. He is a possum skin cloak maker, shellworker, canoe maker and weaver. He has been weaving for over 14 years and loves to teach anyone who wishes to know about his culture.

Mark Saunders (National Aboriginal Community Controlled Health Organisation, NACCHO)

Mark has been employed by NACCHO for the past six years working in the organisation as a Research Officer, with his work also including the area of Aboriginal Male Health. Prior to commencing at NACCHO Mark was employed at Latrobe University as a Research Officer in the HIV-BBV and worked in the sexual health field.

James Sheather (Armajun Aboriginal Health Service)

Please refer to biography under AH&MRC Chronic Disease Conference Advisory Group on pg 5.

Jennifer Skinner (Deadly Sista Girlz)

Jennifer was born in Coffs Harbour NSW, and is a Gumbaynggirr/Dunghutti Women. Jennifer has been involved with Deadly Sista Girls since 2009, and is the current Chairperson.

Kate Stein (Waminda – South Coast Women's Health and Welfare Aboriginal Corporation)

Kate is a non – Aboriginal woman born and bred in the Shoalhaven area. She has been employed by Waminda for eight months as a Clinical Nurse Midwife Specialist. Her role is working with Aboriginal women and women with Aboriginal families to empower them to make autonomous, informed decisions about their own health and wellbeing. Her motivation toward Aboriginal health started nine years ago when working in rural and remote locations. Kate has a Bachelor of Nursing, Post Graduate Diploma of Midwifery, Masters of Midwifery and is also a Registered Hypnotherapist.

Phyllis Stewart (Jungah Weavers)

Phyllis was born and raised in Nowra and has been weaving for over 14 years. She currently lives in Gerringong, is a possum skin cloak maker, shellworker, canoe maker and loves weaving and teaching it to people.

Colina Waddell (The Brien Holden Vision Institute)

Colina has been working for the Brien Holden Vision Institute, Public Health Division for the past 13 years based in Sydney. She is currently working on the “Models of vision care delivery for Aboriginal & Torres Strait Islander communities” working closely with six NSW Aboriginal Community Controlled Health Services to pilot a regional model and workforce training. Colina has been involved with the NSW Aboriginal Vision Program since March 2000 which is in partnership with the Aboriginal Health and Medical research Council of NSW to provide eye care services to their member services.

Faye Worner (Waminda – South Coast Women’s Health and Welfare Aboriginal Corporation)

Faye is the current CEO at Waminda, and began working with Waminda in 2007. She has a Masters in Social Policy, Bachelor Environmental Science, Advanced Diploma Community Services, Diplomas in Business and Management and Youth Work, Certificate IV in Frontline Management and Training and Assessment. She has over 26 years in the community sector across Australia in a variety of roles such as Youth Work, Community Development Officer and as a Community Consultant. She is originally from the Southern Highlands and went to Bowral High School, is married to a very patient man and has two beautiful girls. Faye is passionate about working with women and Aboriginal communities committed to self determination, creating opportunities and pushing the boundaries, and believes that women in the community are the answer to prosperity and a bright future.

Dale Wright (Illawarra Shoalhaven Medicare Local)

Dale is a descendant of the Kamilaroi and Wailwan tribes of the north west region of NSW. His Spiritual Animal is the Eagle on his Dad’s side which is Wailwan and the Emu on his Mothers side which is Kamilaroi tribe.

He is a father of five children and a husband and works full time with Illawarra-Shoalhaven Medicare Local, being in this role for seven months as a Chronic Care Coordinator. Dale is very passionate about health and the health of his people, which is why he chose to enter the health field.

Lachlan Wright (Agency for Clinical Innovation)

Lachlan is a Project Officer at the Agency for Clinical Innovation and has been working in the Aboriginal Chronic Care team for over four years.

Catherine Wood (Aboriginal Health and Medical Research Council)

Catherine is currently the Cancer Program Coordinator at AH&MRC, starting in late 2012. Prior to this she has worked in a range of health and community education programs for organisations in Australia and overseas, with a focus on community cancer programs. She has a Masters Degree in Community Development from the University of Sydney.

Ken Zulumovski (Gamarada)

Ken Zulumovski a descendant of the Kabi Kabi nation. He is a graduate of the (Djurawang) Bachelor, Health Sciences (Mental Health). He was co-researcher at Muru Marri investigating strengths in social and emotional well-being programs for Indigenous youth. He is founder of the not for profit Gamarada Indigenous Healing and Life Training based in Redfern NSW. This organisation delivers healing and life skills programs to Indigenous men, youth and children. The organization also engages in high level advocacy to improve mental health, access to justice and reduce incarceration rates by creating links between legal, health and community services. In 2010 Gamarada was recognised by the NSW Department of Premier and Cabinet with an Excellence Award for Building Leadership in Indigenous Communities. Gamarada has featured in the Aboriginal and Torres Strait Islander, Social Justice Report and will be profiled in new NSW Mental Health Plan due for released in 2014. In addition, Ken is Managing Director of Gamarada Universal Indigenous Resources where he and his team develop and deliver programs to the education, justice and health sectors to effect significant improvements in outcomes for Indigenous people and communities.

Conference Program Summary

Tuesday 6 May 2014

9.30am – 11am

Plenary Session

Grand Central Room

Welcome to Country and Conference Opening

Nicole Turner (Master of Ceremony)

Welcome to Country from Uncle Allen Madden

A smoking ceremony from Koomurri Management

Dancers from St. Scholastica's College

Welcome from Sandra Bailey (AH&MRC)

Priorities in a changing landscape

Ngiare Brown (NACCHO)

Faye McMillian (Charles Sturt University and Indigenous Allied Health Australia)

11am – 11.30am

Morning Tea

11.30am – 1pm

Break Out Sessions & Workshops

Central Room

Stories from Aboriginal Community Controlled Health Services (ACCHS)

James Sheather (Armajun AMS). *Our community programs*

Laurie Clay (Durri AMS) and Sharif Bagnulo (NSW RDN). *Specialists clinics using video*

Kate Stein & Faye Worner (Waminda AMS). *Dead, or Deadly Chronic Disease Program*

Maiysha Craig & Bernard Kelly-Edwards (Galambila AMS). *Smoking – a tragic love story*

Town Hall Room

Chronic disease management

Daniel Glaubert (Kidney Health Australia). *Kidney friendly holidays made easy*

Heather Allan (Lung Foundation Australia). *Delivering better outcomes for those with Chronic Lung Disease*

Marilyn Lyford (The George Institute). *TORPEDO and NSW HealthTracker Project*

Bridgit McAteer (Flinders University) & Chris O'Brien (Illawarra AMS). *QAAMS Program*

Martin Place Room

Asthma device techniques workshop

Julie-Ann Garvie & Samantha Bruce (Asthma Foundation NSW)

Museum Room

Making the most of diabetes & heart medicines workshop

Joanne McMahon (QUM Pharmacist)

1pm – 2pm

Lunch

2pm – 3.30pm	Break Out Sessions & Workshops
Central Room	<p>How we work together</p> <p>Lachlan Wright & Rachael Havrlant (Agency for Clinical Innovation). <i>Knockout Health Challenge</i></p> <p>Wendy Campbell & Jerry Bacich (AML Alliance). <i>Understanding and working with Medicare Locals</i></p> <p>Sandra Kilby (Aboriginal HACC/ Orange City Council). <i>Central West Elders Olympics</i></p> <p>Colina Waddell (Brien Holden Vision Institute). <i>Role of Primary Health Care Workers in eye care</i></p>
Town Hall Room	<p>Promoting health</p> <p>Janelle Hurley & Jenny Skinner (Deadly Sista Gilz). <i>Deadly Sista Girlz Program</i></p> <p>Ricky Lyons (Dept. of Education & Communities). <i>Traditional Indigenous Games</i></p> <p>Sharon Hatley (Griffith AMS). <i>Passport to Better Health</i></p> <p>Dale Wright (Illawarra Shoalhaven ML). <i>Tour Da Country</i></p>
Martin Place Room	<p>Asthma device techniques workshop</p> <p>Julie-Ann Garvie & Samantha Bruce (Asthma Foundation NSW)</p>
Museum Room	<p>Making the most of diabetes & heart medicines workshop</p> <p>Joanne McMahon (QUM Pharmacist)</p>
3.30pm – 4pm	Afternoon Tea
4pm – 5pm	Plenary Session
Grand Central Room	<p>Becoming an Aboriginal Health Practitioner</p> <p>Peter PangQuee (Aboriginal & Torres Strait Islander Health Practitioner Board)</p> <p>Kelly Menzel (AH&MRC Aboriginal Health College)</p> <p>Kelly Bamblett (RivMed AMS)</p> <p>Laurie Clay (Durri AMS)</p>
6.30pm	Conference Dinner & Entertainment
Grand Central Room	<p>Evie J. Willie</p> <p>Karaoke with Charlie Bradshaw</p>

Wednesday 7 May 2014

8.45am – 10am	Plenary Session
Grand Central Room	<p>Olivia Greentree (EMC). <i>Attention in the media</i></p> <p>Tanya Denning (NITV). <i>Broadcasting a national approach to Aboriginal & Torres Strait Islander health</i></p> <p>Aunty Joy Reid (Community Member). <i>A personal journey</i></p>
10am – 10.30am	Morning Tea
10.30am – 12pm	Break Out Sessions & Workshops
Central Room	<p>Male health</p> <p>Mark Saunders (NACCHO). <i>NACCHO Aboriginal Male Healthy Futures Blueprint 2013 – 2030.</i></p> <p>Ken Zulumovski (Gamarada). <i>Men's self healing program</i></p> <p>Toby Dawson (Cancer Council NSW). <i>Male cancer</i></p>
Town Hall Room	<p>Chronic disease management</p> <p>June Riemer (Aboriginal Disability Network NSW). <i>What is disability?</i></p> <p>Frank Brennan (Palliative Care Physician). <i>How to plan for palliative care</i></p> <p>Prof Michael Nicholas (Pain Specialist). <i>Meeting the challenge of living with chronic pain</i></p> <p>Catherine Wood (AH&MRC). <i>Raising awareness and building networks in cancer</i></p>
Martin Place Room	<p>A stress and self-care workshop for health professionals</p> <p>Gina O'Neill (AH&MRC)</p>
Museum Room	<p>Medicare workshop for ACCHS staff</p> <p>Sandy Robertson (QAIHC)</p>
12pm – 1pm	Lunch
1pm – 2pm	Plenary Session
Grand Central Room	<p>Jeremy Donovan. <i>Engaging young males in health</i></p> <p>Prizes and guest appearance</p> <p>Evaluations and Thank You</p>
2pm – 3.30pm	Break Out Workshops
Martin Place Room	<p>A stress and self-care workshop for health professionals</p> <p>Gina O'Neill (AH&MRC)</p>
Museum Room	<p>Basket weaving workshop</p> <p>Phyllis Stewart & Steven Russell (Jungah Weavers)</p>
3.30 – 3.45pm	Afternoon Tea
End of Conference	

Venue

Level 2 Map, Mercure Hotel, 818 - 820 George St, Sydney.



